

EXPERT

EXPERT & PROFESSIONAL EXCELLENCE FOR TRAINING & CONSULTATIONS

Oral Hygiene Updated Tr Program

Course Objectives

- Enhance clinical skills and knowledge in preventive dental care.
- Ensure up-to-date understanding of infection control and sterilization protocols.
- Strengthen communication and patient education techniques.
- Improve diagnostic skills in periodontal and oral health assessments.
- Promote adherence to professional ethics and legal responsibilities.
- Introduce advancements in dental hygiene technology and equipment.
- Support ongoing professional development and evidence-based practice.
- Prepare hygienists to manage diverse patient populations effectively.

Course Outline

Oral Anatomy & Physiology Review

- Dental and periodontal structures
- Oral-systemic health connections

Preventive Dental Care Techniques

- Scaling and root planning
- Prophylaxis procedures
- Fluoride application
- Sealants: indications and procedures

Periodontal Disease: Assessment & Management

- Classification and staging

Infection Control & Safety Protocols

- Standard precautions
- PPE usage and sterilization procedures
- Updates on OSHA and CDC guidelines

Radiology & Imaging Interpretation

- Intraoral and extraoral imaging techniques
- Radiation safety
- Interpretation and documentation

Patient Communication & Education

- Motivational interviewing
- Managing dental anxiety
- Culturally sensitive care approaches

Legal & Ethical Responsibilities

- Consent and confidentiality
- Scope of practice and documentation standards
- Dealing with ethical dilemmas

Emergencies in the Dental Office

- Recognizing and responding to medical emergencies
- CPR and basic life support (BLS) review

Technological Advancements in Dental Hygiene

- Use of ultrasonic scalers and air polishing
- Digital record keeping and intraoral cameras

Professional Development

- Continuing education and certifications
- Career pathways and specialization
- Time management and team collaboration

Location	Cairo
Start Date	18 Jan 2026
End Date	22 Jan 2026